

# Paraphilic Disorders

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## References

# PSYCHIATRIC TREATMENT OF VICTIMS AND SURVIVORS OF SEXUAL TRAUMA

A Neuro-Bio-Psychological Approach

*Edited by*

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# PSYCHIATRIC TREATMENT OF SEXUAL OFFENDERS

Treating the Past  
Traumas in Traumatizers

A Bio-Psycho-Social Perspective

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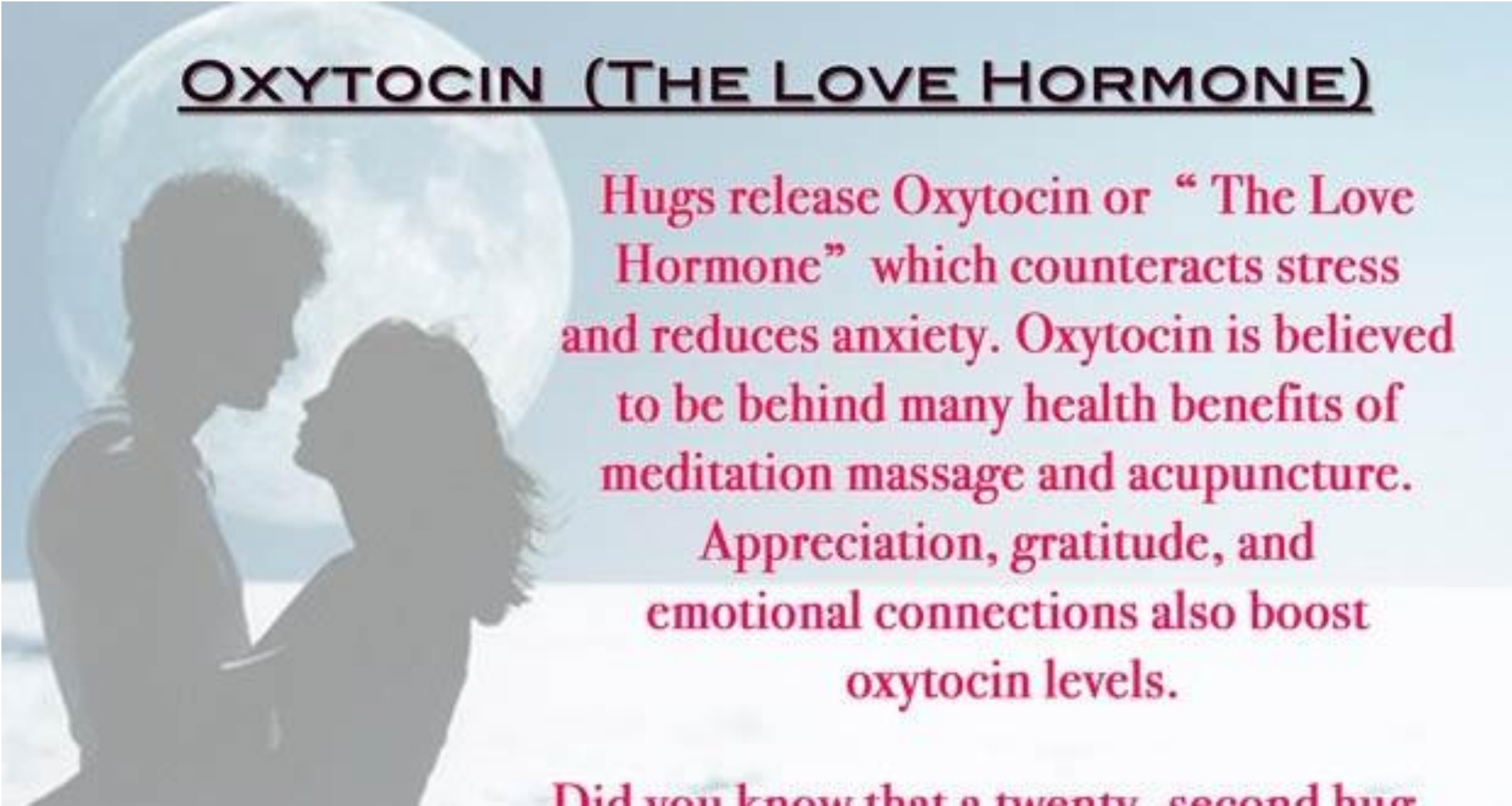
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# Effect of Hormones on Desire & Arousal

- In animals sexual arousal is closely tied to hormonal levels.
- In human however hormones play less of a role.
- In animals castration results in rapid decline and eventual disappearance of sexual activity.
- In human castration cause some men lose interest in sex while other continue living normal sexual life.
- So Androgen contribute to sexual desire only in some people not all.
- Emotional factors are important in both gender.

# Effect of Hormones on Desire & Arousal in Female

- Sexual desire is even less dependent on hormones in women.
- In animals a castrated female ceases to be receptive to the male and usually resist sexual advances.
- The major exception in human found following menopause: most women do not experience diminished sexual desire, some show increased interest in sex.



## OXYTOCIN (THE LOVE HORMONE)

Hugs release Oxytocin or “The Love Hormone” which counteracts stress and reduces anxiety. Oxytocin is believed to be behind many health benefits of meditation, massage, and acupuncture.

Appreciation, gratitude, and emotional connections also boost oxytocin levels.

Did you know that a twenty-second hug

*Oxytocin* is a powerful hormone and acts as a neurotransmitter in the brain.

- When we hug or kiss a loved one, *oxytocin* levels increase. In fact, the hormone plays a huge role in pair bonding.
- Prairie voles (look like hamster), one of nature's most monogamous species, produce *oxytocin* in spades.



# % of People Still Sexually Active with Partners by Age

## PERCENTAGE OF PEOPLE STILL SEXUALLY ACTIVE WITH PARTNERS, BY AGE

SEXUALLY ACTIVE WITH PARTNERS		
<i>Age</i>	<i>Women</i>	<i>Men</i>
70-74	30%	65%
75-79	22%	53%
80-84	9%	48%

Source: Data from E. Laumann, J. Gagnon, R Michael, and S Michaels *The Social Organization of Sexuality* (Chicago University of Chicago Press, 1994).

# Some women feel sexually aroused while breastfeeding. So what?

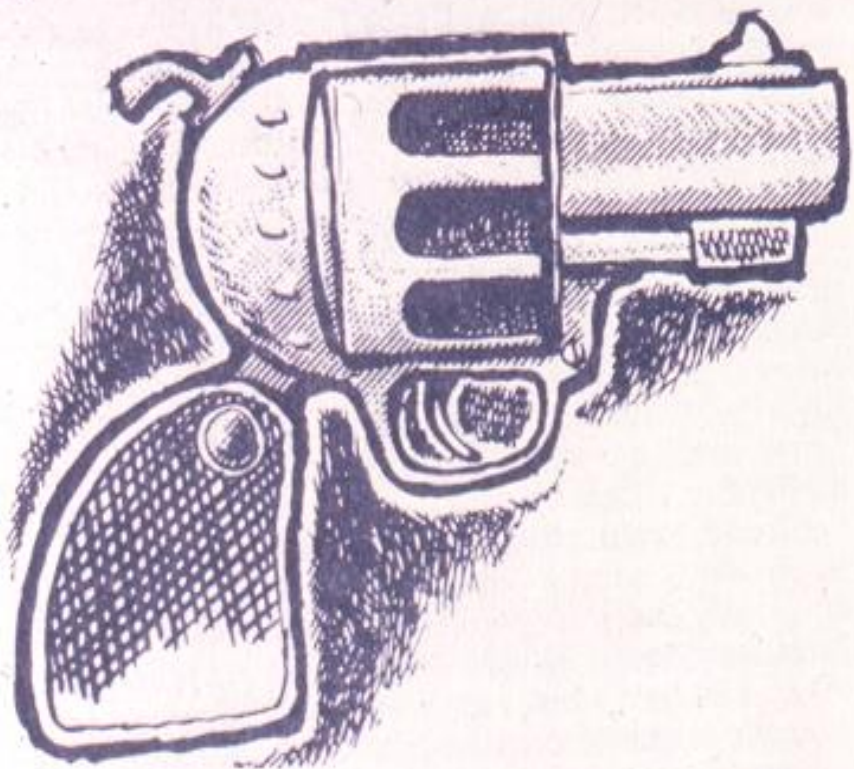
By: Taryn Hillin

They are not pedophiles. Fathers do not nurse the child but is it same for them?





THIS PRODUCT TAKES  
THOUSANDS OF LIVES...



THIS PRODUCT COULD  
SAVE THOUSANDS  
OF LIVES...



GUESS WHICH ONE CAN'T BE SHOWN ON T.V...?

6-A  
DANIEL  
NEWSPAPER ENTERPRISE ASSOCIATION

# Paraphilia:

A deviant sexual arousal, characterized by being compulsive, intense, recurrent and preferential in nature.

1. Exhibitionism, fetishism, frotteurism, pedophilia, masochism, sadism, transvestic fetishism and voyeurism.
2. It also includes “paraphilias not otherwise specified” such as: telephone scatologia, necrophilia, partialism, zoophilia, coprophilia, urophilia and autoerotic asphyxia

# Paraphilia Related Disorders (Hypersexual Disorders)

1. **Compulsive masturbation**
2. **Excessive promiscuity**
3. **Dependency on pornography**
4. **Telephone sex dependency**
5. **Cyber sex dependency**
6. **Severe sexual desire incompatibility**

**Voyeurism:** Most begin by age 15, have low self-esteem, feelings of inadequacy, poor social skills. Voyeurs seek to observe people without their consent this to be their preferred form of sexual arousal and gratification

Scoptophilia differs from voyeurism in that the persons being watched have consented.



Exhibitionists- Almost all are men (few people are frightened when a woman flashes). They are emotionally immature, feel inadequate, fear rejection and have trouble forming intimate relationships.

Because their erotic turn-on is directly related to the victim's expression of shock, disgust and fear, the best way to avoid reinforcing this behavior is to give no facial or verbal response; just leave quietly.



**Telephone scatologia-** Making an obscene phone call is a verbal form of exhibitionism. Sexual arousal is proportionate with the victim's negative reaction. Even slamming down the phone is reinforcing to him.

It is rare that they would approach or molest their victims; most prefer total anonymity.



# Frotteurism

**Frotteurism** (*noun*) 1. The practice of achieving sexual stimulation ... by touching and rubbing against a person without the person's consent and usually in a public place.



Fetishism - achieving sexual arousal and gratification almost exclusively by handling or fantasizing about an inanimate object.

Partialism – sexual arousal focusing exclusively on a specific part of the body, such as the feet.





# Erotic Sadism



Sadism is all right in its place, but it should be directed to proper ends

*Sigmund Freud*

[www.quote-coyote.com](http://www.quote-coyote.com)



# Sadism & Masochism



# Non-Coercive Paraphilias

## *Sexual Sadism and Sexual Masochism*

- Sadism: sexual arousal from giving physical or psychological pain
- Masochism: sexual arousal from receiving pain / bondage
- Difficult to label because some behaviors common
  - Being tied up, or “pinned down,” “love bites,” etc.
- Level of pain needed for arousal varies from symbolic to mild pain to (rarely) severe pain
- SM activities often include bondage and “discipline,” motivated by a desire to experience dominance and/or submission rather than pain.
- Might provide escape from rigid everyday lives

# Incest as an antidote against loss, fear of death and Separation



# Classification of Rape

- Rapists (opportunistic type -pervasive anger type -vindictive type -sexual type )
- child molesters
- anger rape
- power rape
- sadistic rape
- gang Rape



# Ego Defense Mechanisms and Cognitive Distortions in Sexual Offenders

- Denial
- Minimization
- Justification
- Fabrication
- Mental Illness
- Sympathy
- Attack
- Suicide
- Guilty but Not Guilty
- Pseudo-Guilt Feeling

**Gang Rape:** Some perpetrators may be in denial of their homosexuality -- viewing the naked body and genitals of other men may sexually stimulate them and enable them to perform such criminal behavior.



# Zoophilia:

Having sex with animals or  
Having recurrent fantasy of  
sexual activities with  
animals.





# Sex with Animals

- According to The Kinsey Reports in 1948 and 1953, 4% of females and 8% of males had at least one sexual experience with an animal.
- It is highly prevalent with people whom are working on farms with the average rate of 17% for males. Male farmers engage in vaginal or penile sexual intercourse or having their genitals stimulated by the animal.
- For females, it involves their pets licking their genitals and some having their vagina penetrated by a trained dogs or horse.

**In most countries, zoophilic (bestiality) sexual acts are illegal under animal abuse laws or laws dealing with "crimes against nature";**



The people engaging in the act of having [sex](#) with the animal so that they may possess the spirit or the energies of the animal (Pagan Ritual)



Sex with goat, one of the best known objects in the Naples Museum collection.



Distinction between bestiality and zoophilia. Bestiality is an act of abusing and raping an animal where in zoophilia is the desire to have sex with animals.



How about animals sexual attraction toward us?



# Animal sexuality toward non-animal??!!



Birds do it...





# Polyamory???



# Is voyeurism a disorder?



Only Addiction to Pornography is considered  
Pathological?



# Watching Porno !!!



# Are the effects of porn devastating ?

## Statements of those against Pornography:

- **1. Porn Means You Can't Get Aroused by "Just" Your Spouse?**
- **2. Porn Wrecks Your Libido?**
- many people who use porn, have virtually no libido when it comes to making love to their spouse. The spouse is not what turns them on, and so the natural drive that we have for sex is transferred somewhere else.
- **3. Porn Makes You Sexually Lazy?**
- In porn, everyone is turned on all the time. You don't have to make any effort to arouse someone; it's automatic. **There is no foreplay in porn.** And so if your spouse isn't aroused you start to think that it's somehow their fault.

## Porn Turns “Making Love” into a Foreign Concept !?

- Thus, porn makes sex all about the body, and not about intimacy.
- In fact, the idea of being intimate isn't even sexy anymore; anonymous is what's sexy.



# Pedophile and His Penis: “Is Anatomy Destiny”?

- Over the last 35 years, I have treated a number of pedophiles and incest offenders. None of them were comfortable with their penis, and many of them felt that their penises were inferior to others.
- Although sexual attraction to children may be genetically based, psychologically they felt very comfortable with children, as they always felt superior to them.
- I used Freudian statement, toward pedophiles and consider that anatomy had an impact on their destiny.
- From another point of view, I should say their “perceived anatomy” had an impact on them, as they believed there is something wrong with the size or performance of their penis.

Penis is more than a body part.

Egypt won on Libyans ( 1200 B.C. documentation):

Penises of Libyan generals : 6

Penises cut off Libyans : 6,359

Greeks killed, penises given to the king: 6,111





# Size Matters?

- Research has shown that men seeking enlargement techniques have average sized penises, however their perception is that they are small.
- A psychiatric diagnosis was created for when this perception becomes an obsession: *penile dysmorphic disorder*.
- This is look like those with anorexia nervosa, who may believe they are always fat regardless of how much weight they have lost or how thin they actually are.

# Male Incest Offenders

- There are two types of incest offenders: regressed and fixated.
- Regressed offenders may get married and have children, but certain stressors begin to occur that lead them to regress emotionally.
- Wives may be perceived as domineering and aggressive.
- Eventually the husbands become emotionally and sexually attracted to children who pose no threat, meaning they can remain superior and unchallenged.
- Fixated offenders, on the other hand, from adolescent age develop sexual desires toward children, which does not change.

**Pedophile:** The sexual arousal and gratification depends primarily or exclusively on having sex with children; a pedophile is at least 16 years old and at least 5 years older than the child.

- An isolated case of child molestation will not warrant the diagnosis of pedophile; this must be repeated and preferred behavior.



# Fred S. Berlin, MD, PhD- Opinion (1)

- In the collective consciousness of the public, the term pedophilia is possibly mistaken with the behavior of child molestation.
- Berlin has compared that to alcoholics who all are not drunk drivers, he indicated that those with pedophilic disorder all are not “child molesters.”
- Contrary, not all “child molesters” are identified as having pedophilic disorder.
- Berlin indicated that those with other types of paraphilic disorders are often labeled as “deviants,” “perverts,” “bums” or “potheads.”

# Contributions of Nature & Culture

- The support group Virtuous Pedophiles (<https://www.virped.org/>) is opposed to child molestation.
- Their task is to improve the mental health of individuals who experience unwanted pedophilic feelings.
- Clinical literature indicates that the development of pedophilic disorder may be caused by both nature and nurture.
  - Researchers explain that boys who have a history of sexual abuse are at high risk for developing pedophilic disorder.
  - Temporal lobe disturbances have also been present in some instances.

## Fred S. Berlin, MD, PhD- Opinion (2)

- Forensic perspective indicates it may be important to identify noncausal factors.
- Pedophilic disorders (e.g., Pedophilia) do not develop due to volitional choice.
  - It is not the person's fault that he/she has developed pedophilic disorder.
  - However, it is his/her responsibility to get medical help.
  - It is similar to having appendicitis. One is not responsible for having that medical condition, but they are responsible for calling a medical provider.

# Treatment of Pedophilic Disorder

- Clinical literature revealed that when testosterone blood levels significantly decreased, it resulted in decreased sexually motivated behaviors.
- Data also indicated the recidivism rates of sexually motivated crimes can be reduced when testosterone lowering medications are used.
- Lowering the intensity of unwanted sexual urges, may result in sexual self-control.

# Treatment

- Given that genetic factors may contribute greatly to a person becoming a pedophile, how can they be helped? Is there a more preventative approach?
- A woman named Fran Henry took on this mission by visiting sex offenders in prison to ask: “What, if anything, could have stopped you?”
- Centered on her work, a Vermont based helpline was created in the 1990’s that has since expanded nationally.
- Of those she asked, many shared that counseling could have been helpful as they struggled internally before acting, or if someone had seen and acted upon the warning signs.
- These people knew something was wrong with what they wanted to do, but they did not have help to stop themselves.



# Reduction of Sexual Drives and Compulsivity

- Surgery has been used in the past to decrease the uncontrollable sexual drive of offenders through surgical castration, which involves the removal of their testes (Renee Sorrentiono, Adam Brown, Brooke Berard & Kaitlyn Peretti, "Sex Offenders: General Information and Treatment," *Psychiatric Annals*, Vol. 48, No. 2, 2018).
- There are also medications, such as Depo-Provera (medroxyprogesterone acetate), which have been used to decrease testosterone in male sex offenders (biochemical castration).
- Sturup reported a very low rate of reconviction for 900 surgically castrated sex offenders, following up for 30 years after the removal of their testes (Georg K. Sturup, eds. H. L. P. Resnik & Marvin E. Wolfgang, "Castration: the total treatment," *Sexual Behavior*, 1972). Jørgen Ortman also reported similar low reconviction rates ("The treatment of sexual offenders: castration and anti-hormone therapy," *International Journal of Law and Psychiatry*, 1980, 3:443-451).

## Surgical/Chemical Procedure

- Obviously there are multiple problems with using surgical castration or biochemical castration :
- The ethical problem in doing irreversible procedures, which makes it a controversial issue. The serious side effects also may develop, such as blood clots (thrombosis) or breast enlargement (gynecomastia).
- 
- Additionally, literature reports of two cases of sexually motivated murderers who had low levels of testosterone, which may indicate that sexual aggression in these males may not directly relate to their testosterone level

# Mood Stabilizers Treatment

- Anti-depressants are used in the treatment of paraphilia, especially those offenders who have a compulsive quality and preoccupation with deviant sexual fantasies at an obsessive level.
- Prozac (Fluoxetine) is used in treatment of pedophilia, exhibitionism, and voyeurism. Antidepressant medications, such as selective serotonin reuptake inhibitor (SSRI), are also approved for treatment of obsessive-compulsive disorder (OCD), post-traumatic stress disorder (PTSD), and anxiety disorders.
- It decreases the compulsive nature of sexual deviation and obsessive thoughts. Prozac also may have side effects, such as decreasing sexual desire, postponing sexual gratification, and decreasing sensations in the genital area.

# Psychiatric Comorbidity of Sex Offenders

- Psychiatric co-morbidity can have negative consequences for sex offenders, including hindering their treatment or even contributing to the continuance of paraphilic behavior.
- Disorders such as depression, attention-deficit hyperactivity disorder (ADHD), PTSD, or OCD, especially when untreated, can decrease one's ability to control sexual urges and impulses.
- Psychiatrists have found that it is more common to have success in treating these other disorders than the paraphilic behavior itself.

# Psychodynamic Therapy for Pedophiles

- The principal of psychotherapy is based upon the understanding that human behavior is changeable.
- However when working with sex offenders, one must accept that the purpose of treatment is not to “cure” but to “control.”
- Psychodynamic therapy is used frequently with non-violent sex offenders/pedophiles.
- Therapists can focus on a “kind” and “firm” attitude with gentle confrontation and at times neutralization of certain ego defense mechanisms.
- The male offenders’ personal relationships with females in general, their mothers, partners, and daughters (if they are victims) are explored during the sessions.

# Ego Defense Mechanisms 1

- Child molesters' ego defense mechanisms and cognitive distortions need to be delineated in evaluation procedures. They frequently use:
  - 1) denial, 2) minimization (offender tries to either minimize assault or the type and number of offenses).
  - 3) justification (offender believes his/her behavior is misunderstood and that they are a caring and concerned person).
  - 4) Fabrication (offender invents stories explaining the offenses in a way that would cover up the sexual abusive incident, statements such as: "teaching a child about sexuality" or "conducting a scientific study).

# Ego Defense Mechanisms 2

- 5) mental illness (offender claims mental sickness caused his/her problem and may use their psychiatric disorder to avoid arrest).
- 6) sympathy (a display of regret and reports about his/her community and civic achievements).
- 7) attack (offender may harass, threaten, or bribe the victim or witnesses, including attacking the reputation of professionals involved in the case).
- 8) guilty but not guilty (many state laws allow the offender to plead guilty while claiming she/he is innocent, but use **the ALFORD Plea** bargain, which means a person believes they are innocent but the prosecutor may have enough evidence to prove the charges).

# Guilty Feelings of Offender?

- If an offender expresses feelings of guilt, the quality of such feelings must be examined. The question is: are they genuine feelings or are they pseudo-guilt, narcissistic, and transitory ones connected to “getting caught”?



- Sexual offenders are a heterogeneous population and treatment programs should be individualized and appropriate to the psychology of the offender.
- *From a sexual abuse point of view, children are possibly safer on the street versus at home, as most child abuse happens in familial places with familial persons.*
- It should be noted that anti-androgen medications decreases sexual urges and activity in male sex offenders, but they may continue to have deviant sexual interest, although in lower intensity.
- It is important to keep in mind that medication should never be the sole method of treatment.

# Explanation of Pedophilia & Contributing Factors 1

- Empirical clinical research has been explored for the purpose of finding some explanation of pedophilia. A multi-factorial model with four main theories has been suggested by researchers:
- 1) Blockage theory: this theory indicates that pedophiles are attracted to children, due to their difficulty developing relationships with adults.
- 2) Disinhibition theory: pedophiles are disinhibited because of a possible cognitive impairment or an impulse control disorder.

## Explanation of Pedophilia & Contributing Factors 2

- 3) Deviant emotional concurrence theory: pedophiles develop sexual relationships with minors because it is emotionally satisfying due to their own childhood experiences of sexual trauma.
- Some theories attribute past childhood events, such as sexual victimization, as a cause of sexual offense. That is termed the victim-to-victimizer process
- However this theory has been challenged, as convicted sexual offenders may overstate a past history of child sexual abuse for the sake of gaining sympathy as a victim in the judicial system.
- This idea has been supported by polygraph studies (Jan Hindman & James M. Peters, "Polygraph testing leads to better understanding of adult and juvenile sex offenders," *Federal Probation*, 2001, 65, 8-15).

# Explanation of Pedophilia & Contributing Factors 3

4) Deviant sexual arousal theory (genetic theory): this theory indicates that pedophiles' sexual arousal is abnormal in selecting the object and possibly even beyond object choice.

- A researcher from Toronto, James Cantor, found white matter brain abnormalities in pedophiles, which could explain a mismatch of signals so that an inappropriate response is triggered in their minds when seeing a child (“Paedophilia: Shedding light on the dark field,” *The Economist*, August 13<sup>th</sup>, 2016).

# Child Sex Doll

- A child sex doll manufacturer claims they can be used to help pedophiles control their urges.
- But experts have said there is no evidence to support claims that using dolls prevents child abuse and warn that products normalizing children in sexualized ways could reinforce pedophilic behavior.
- More than 60,000 people signed a [petition](#) this year to ban the "sickening aids for pedophiles" being sold in Australia.

# 'I am an artist': Man who makes child sex dolls for pedophiles



Matt McMullen has changed the world of sex toys with his lifelike **RealDolls**—which sell for \$5,000 and up.  
*Vanity Fair*





## SEXUAL HARASSMENT

If they like you it's called "flirting".

**HUMAN SEXUALITY  
HAS BEEN  
REGULATED AND  
SHAPED BY MEN TO  
SERVE MEN'S NEEDS.**

QUOTEHD.COM

Ana Castillo  
American Novelist



# Love VS Sex



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